#### LIMITED WARRANTY REGISTRATION CARD

Please present your Warranty Card and a copy of your original sales receipt to validate warranty coverage. DO NOT lose your receipt. Please review the terms & conditions of ChoiceMMed America Co's Warranty.

To obtain full warranty coverage, this card must be completed. signed and returned to ChoiceMMed America Co. within 30 days from date of purchase. Failure to register this card within 30 days may render the warranty null & void.

RETURN ADDRESS: ChoiceMMed America Co. C/O Keystone Industrial Park, 2558 Pearl Buck Rd, Suite 8A, Bristol, PA 19007

MODEL NO :	SERIES NO. (SN)				
DESCRIPTION					
PURCHASE DATE					
CUSTOMER NAME (MR. IMRS. IMS. I)					
PHONE NUMBER					
MAILING ADDRESS					
CITY/STATE	ZIP				

For troubleshooting assistance please contact Consumer Support. Our representatives are trained to provide you assistance over the phone and may be able to resolve your problem without returning. For the best possible assistance please have your unit available when calling us.

#### Service Phone: (215) 874-0458

Customer Service Representatives are available Monday through Friday - 8:30am to 4:30pm EST

#### STATEMENT OF CHOICEMMED AMERICA CO./LIMITED WARRANTY

ChoiceMMed America Co. warrants to the original purchaser that this equipment will be free from defects in materials and workmanship for a period of one year from the date of purchase. This warranty shall be limited to the repair adjustment and/or replacement at the manufacturer's option of defective parts free of charge except the cost of transportation to ChoiceMMed America Co. Manufacturer's responsibility is limited to actual cost of item. When returning equipment for warranty service, all shipping and insurance charges must be prepaid and the proof of purchase must be enclosed. A payment of \$10.00 must be included to cover the return shipping and handling. Returns will only be shipped to locations within the USA. ChoiceMMed America Co. will not be responsible for expenses or inconveniences, or consequential damages occasioned by equipment or by breach of any expressed or implied warranty with respect thereto.

#### Limitations

This warranty covers all defects encountered in normal use of the equipment and does not apply in the following cases.

- 1) If the equipment has been serviced by other than a certified
- 2) Damage to the equipment due to mishandling, abuse, accident or not following operating instructions.
- 3) INSTRUMENTS: Warranty does not extend to display face, batteries, carrying case or lanyard.

#### ChoiceMMed America Co.

C/O Keystone Industrial Park, 2558 Pearl Buck Rd, Suite 8A. Bristol, PA 19007

# **OPERATOR'S MANUAL**

CkyWatch CF309

## **Multi-Function Pulse Oximeter** with Pedometer

#### 1. General Description

Thank you for purchasing the OxvWatch CF309 pulse oximeter. This oximeter can be used to measure your blood oxygen saturation (in % SpO<sub>2</sub>) and your pulse rate. It should be used for spot monitoring only and not for continuous monitoring. It also can use to measure your waiking steps and calories burned while you are walking.

The OxyWatch CF309 Finger-Unit spot check oximeter is only for sports and aviation use. It is ideal for use during sports activities, mountain climbing and piloting airplanes. It is not intended to diagnosis any medical condition or to be used in medical applications.

### 2. Package Contents

- 1. OxyWatch™ CF309 Pulse Oximeter
- 2. Lanyard
- 3. User Manual
- 4. Carring Case 5. 2 AAA Batteries

#### 3. Precautions for Use

- 1. Read the manual carefully before use.
- 2. Pulse oximeters are sensitive to motion artifacts. Keep hands still while taking a reading.
- 3. Pulse oximeters require sufficient blood flow to obtain proper readings. Poor blood circulation can result in inaccurate readings. If your hands are cold or you have poor circulation, warm your hands by rubbing them together or use another method before attempting to obtain a reading. A tourniquet, blood pressure cuff or other blood flow hindrances may also result in inaccurate readings
- 4. Fingernail polish or acrylic nails obstruct the light transmission and may also result in inaccurate readings.
- Your finger must be clean for proper reading.
- 6. The pulse oximeter must be clean for a proper reading.
- 7. If a reading is difficult to obtain, switch to another finger or to the other
- 8. There are a number of other conditions which may lead to an inaccurate reading including but not limited to recent medical tests that included an injection of dyes, use of arterial catheters, a weak pulse, low levels of hemoglobin in the blood, low perfusion (the quality of your pulse), elevated levels of dysfunctional hemoglobin, the strength and type of light that you are in while using the pulse oximeter and the existence of cell phones, radios, and fixed transmitters within certain ranges of the pulse oximeter during use.
- 9. The pulse oximeter will not alert you if your readings are out of normal
- 10. Explosion hazard: Do not use the pulse oximeter in an explosive
- 11. The pulse oximeter has no SpO<sub>2</sub> alarms; it is not for continuous monitoring, as indicated by the symbol
- 12. To use Pedometer mode, put the device in your pocket or attach it to the top of your belt or pants. Make sure the device is close to your

# In addition to items described in the Precautions for Use. inaccurate measurements may be caused by FACTORS INCLUDING

- 1. Autoclaving, ethylene oxide sterilizing or immersing the sensors in
- 2. Significant levels of dysfunctional hemoglobin (such as carbonxyhemoglobin or methemoglobin).

- 3. Intravascular dyes such as indocyanine green or methylene blue.
- 4. SpO<sub>2</sub> measurements may be adversely affected in the presence of high ambient light such as direct sunlight. In bright light conditions. cover the sensor area if necessary.
- 5. Excessive user movement.
- 6. High-Frequency electrosurgical interference and defibrillators.
- 7. Venous pulsations
- 8. The user has hypotension, severe vasoconstriction, severe anemia or
- 9. Fingernail polish or false fingernails may cause inaccurate SpO<sub>2</sub>
- 10. Follow local ordinances and recycling instructions regarding disposal or recycling of the device and device components, including batteries.

#### 4. Battery Installation

- 1. Push to remove the battery compartment.
- 2. Put two AAA batteries into the battery compartment. Match the plus (+) and minus (-) signs in the battery compartment. If the polarities are not matched, damage may be caused to the oximeter.
- 3. Push the battery compartment back into the oximeter.





NOTE: Install the batteries in right polarity. Incorrect placement may cause damage to the bracket.

NOTE: Remove the batteries if the pulse oximeter will not be used for long periods of time.

#### 5. Using the Oximeter

Press the power switch on front panel to turn the pulse oximeter on The oximeter has 2 operation modes - Oximeter Mode and Pedometer Mode. The Oximeter Mode is the default when the oximeter is first turned on.

#### Oximeter Mode

1. When the oximeter is in the Oximeter mode. open the clamp shown as the right side picture and place one of your fingers into the rubber opening of the pulse oximeter (your finger should touch the bottom portion) before releasing the clamp



- 2. Keep your hands still for the reading. Do not shake your finger during the test. It is recommended that you do not move your body while taking a reading
- 3. There are four display modes. After turning on the pulse oximeter, each time you long press the power switch, the pulse oximeter will switch to another display mode
- 4. When no signal or low signal is detected, the pulse oximeter will power off automatically in 10 seconds.

- 1. The oximeter will display "finger out" if there is no finger inside. Press the power button when the oximeter displays "finger out", the oximeter will switch to Pedometer Mode.
- 2. Short press the power button to move the select frame among Start, Pause, Reset and Back options. Long press the power button to execute the selected option.

The pedometer will start to work when the Start option is active. The pedometer will pause when the Pause option is active.

The pedometer will reset when execute the Reset option.

The pedometer will go back to Oximeter Model when execute Back

Tip: The oximeter will remember the states when it turns off. It will restore the current mode when it turns on again.

4. When the oximeter is in Pedometer mode, the screen will turn off when there is no operation for 1 minute. The oximeter will sleep when there is no activity detected in 30 minutes

1. Set up your information before the first use of Pedometer Mode. When the oximeter is powered off, long press the power button to enter the configuration interface.

Short press the power button to move the cursor among the Unit System Switch, Height, Weight and Brightness options. Long press the power button to setup the selected option. Press OK to finish the

2. The unit determines whether you are walking continuously to avoid counting movement other than steps. It does not display the step count for the first four seconds of walking. If you continue walking for more than four seconds, it displays the step count for the first four seconds and then continues to count.

#### 6. Maintenance

- 1. Clean the pulse oximeter and sensor with a soft cloth dampened with isopropyl alcohol. Do not pour or spray any liquids onto the pulse oximeter. Do not allow any liquid to enter any openings in the device. Allow the pulse oximeter to dry thoroughly before reusing. (The rubber inside of the pulse oximeter is composed of medical grade rubber. It is non toxic and is not harmful to the skin).
- 2. The pulse eximeter requires no routine calibration or maintenance other than replacement of the batteries.

#### 7. Technical Specifications

Display: OLED display

Battery Standard: Two AAA 1.5 V Alkaline Batteries

#### Power Consumption:

Power off mode leakage current: ≤10uA SpO₂/PR mode: ≤50mA

Pedometer mode: ≤30mA

#### Resolution:

PR: ±1BPM: SpO<sub>2</sub>: ±1%:

Pedometer: ±1 step: Calories Burnt: 1kcal

#### Measurement Range: PR: 30-235 BPM

SpO2: 0%~99%

Pedometer: Measuring range: 0-999999 step

Calories Burnt: Measuring range: 0-59999 kcal

# Measurement Accuracy: PR: 30~99BPM, ±2 BPM; 100~235, ±2%

SpO<sub>2</sub>: 80%~99%, ±2%; 70%~79%,±3%; ≤69%, no definition

Pedometer: ±5% step(refers to vibration test report)

### **Environment Requirement:**

Operation Temperature: 5°C~40°C (41°F~104°F) Storage Temperature: -20°C~55°C (-4°F ~131°F) Ambient Humidity: ≤80%, no condensation in operation.

≤93%, no condensation in storage (It is recommended that the product to be kept in a dry place. Damp condition might affect its lifetime and even might damage the product.)

#### Declaration

EMC of this product comples with IEC60601-1-2 standard.

The materials which users can come into contact with are non toxici and comply with ISO10993-1, ISO10993-5 and ISO10993-10. NOTE: The specifications are subject to changes without prior notice.

# 8. Guidance and manufacture's declaration electromagnetic emissions-for all **EQUIPMENT and SYSTEMS**

### Guidance and manufacture's declaration - electromagnetic emission

The Pulse Oximeter is intended for use in the electromagnetic environment specified below. The customer or the user of the Pulse Oximeter should assure that it is used in such an environment.

Emission test	Compliance	Electromagnetic environment – guidance	
RF emissions CISPR 11	Group 1	The Pulse Oximeter uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.	

#### The Pulse Oximeter is suitable for use in all establishments, including domestic RF emission establishments and those directly Class B CISPR 11 connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.

#### 9. Possible Problems and Solutions

Problems	Possible Reason	Solution	
SpO <sub>2</sub> or PR is shown unstably.	Finger might not be plugged deep enough. Finger is trembling or user's body is in movement status.	Retry by plugging the finger. Try not to move.	
The pulse oximeter can not be powered on	The batteries might be installed incorrectly. The batteries power might be inadequate or not be there at all. The pulse oximeter might be damaged.	Please reinstall the batteries according to the polarity marked inside the battery compartment. Please replace the batteries. Please contact with our customer service center.	
"Sensor Error" Displayed on screen	The sensor worked abnormal.	Please replace the batteries and restart the machine. If the problem still have, please contact with our customer service center.	

### 10. Symbol Definitions

Symbol	Definition	Symbol	Definition
	Date of Manufacture		Serial Number
	Battery Indicator		Pulse Rate(beat per minute)
	Arterial Oxygen Saturation		Back to Oximeter Model
	Start to Detect Step		Reset Pedometer
	Pause to Detect Step		

The illustrations used in this manual may differ slightly from the appearance of the actual product.

#### Warnings:

- 1. Keep the pulse oximeter away from young children. Small parts such as the battery compartment and the batteries etc. may be hazardous if swallowed.
- 2. The lanyard may cause strangulation in conditions that may cause it to twist around the neck

Distributed by:

ChoiceMMed America Co.

Bristol, PA 19007

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www.choicemmedamerica.com

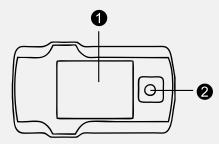
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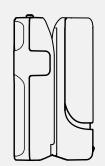
# **Quick Operation Guide**

ChiceMMed\_OxyWatch\_CF309\_Ver3.0

### ■ Know Your Pulse Oximeter

**Tip:** Before using the oximeter, please remove the protective sticker covering the display.

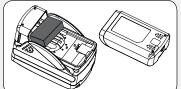




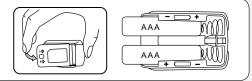


- 1 Displaying Screen
- 2 Power Switch
- **3** Battery Compartment

# ■ Battery Installation

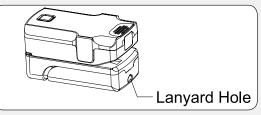


Push to open the battery compartment and remove the black foam.



Please put in the batteries according to the polarity marked inside the battery compartment.

# Lanyard Installation



Tie the lanyard through the hole in the rear of the pulse oximeter.

#### Operation Instruction

Place one of your fingers into the pulse oximeter to the end and press the power switch one time on front panel to turn it on.



# %SpO<sub>2</sub> PR bpm **98 84**









Unit: inch Height: 070 inches Weight: 167 pounds Brightness: 3

OxyWatch CF309 has two operation modes - Oximeter Mode and Pedometer Mode. Please reference the Operator's Manual to know how to switch between the two modes.

There are four display directions in Oximeter Mode. After getting the SpO<sub>2</sub> and pulse rate readings, each time you press the power switch, the pulse oximeter will switch to another display mode. Keep your hands still for the reading.

The height of the Pulse Bar Graph indicates the intensity of the pulse and signal strength. The bar should be greater than 30% for a proper reading.

#### Warnings and Notes

#### Warnings:

- Keep the pulse oximeter away from young children. Small parts such as the battery door and the batteries etc. may be hazardous if swallowed.
- 2. The lanyard may cause strangulation in conditions that may cause it to twist around the neck.

#### NOTES:

- 1. Read the manual carefully before use.
- The illustration used in this manual may differ slightly from the appearance of the actual product.
- Follow local ordinances and recycling instructions regarding disposal or recycling of the device and device components, including batteries.

## ■ Frequently Asked Questions

#### What is a Pulse Oximeter?

A pulse oximeter is a non-invasive device that indirectly monitors the blood oxygen saturation (SpO<sub>2</sub>) and pulse rate (heart rate). It displays both blood oxygen saturation (SpO<sub>2</sub>) & pulse rate (heart rate). Pulse oximeters provide an easy way of assessing your blood oxygen level and pulse rate.

#### What is SpO<sub>2</sub>?

SpO<sub>2</sub> is also known as oxygen saturation. Oxygen saturation is a measure of how much oxygen the blood is carrying as a percentage of the maximum it could carry.

#### What is the normal range of SpO<sub>2</sub>?

The normal range for  $SpO_2$  is typically considered from  $95\%\sim99\%$ . The  $SpO_2$  measurement may be lower for people who live at high altitudes. Ask your health professional this question as it pertains to you.

## What is the normal range for pulse rate?

The normal resting range for pulse rate is typically considered from  $60 \sim 100$  beats per minute. Ask your health professional this question as it pertains to you .

# What kind of conditions may cause an inaccurate reading?

Cold hands, poor circulation, very weak pulse, movement, fingernail polish and acrylic nails may cause inaccurate results.

# The SpO<sub>2</sub> is not changing – it's stuck?

SpO<sub>2</sub> does not change like pulse rate. It is slow to change.

# The Pulse Rate is changing rapidly.

Your heart rate changes with emotions, excitement and exercise.

# I do not see the battery light indicator.

The battery light indicator only appears when the battery is low.

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